



Key HEDIS® 2011 Measurement Guide

Measure	Care needed
(ABA) Adult Assessment of BMI (Body Mass Index) Ages 18 to 74	<ul style="list-style-type: none"> • BMI measured at least every two years
(WCC) Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents Ages 2-17 years	<ul style="list-style-type: none"> • BMI is assessed and counseling regarding nutrition and physical activity is completed annually
(CIS) Childhood Immunization Status The series must be completed by the second birthday	<ul style="list-style-type: none"> • 4 DTaP/DT • 3 IPV • 1MMR • 3 HiB • 3 Hepatitis B • 1 VZV, or documented chicken pox • 4 pneumococcal conjugate • 2 Hepatitis A • Rotavirus – <ul style="list-style-type: none"> ○ 2 doses of the two dose vaccine or ○ 1 dose of the two dose and 2 doses of the 3 dose vaccine or ○ 3 doses of the three dose vaccine • 2 Influenza
(IMA) Immunizations for Adolescents These must be completed by their 13 th birthday	<ul style="list-style-type: none"> • 1 Meningococcal • 1 tetanus, diphtheria toxoids, and acellular pertussis vaccine (Tdap) <p>OR</p> <ul style="list-style-type: none"> • 1 (combination 1) meningococcal, tetanus, diphtheria toxoids vaccine
(W15) Well Child Visits in the First Months of Life Ages 0-15 months	<ul style="list-style-type: none"> • 6 well-child visits (at least 2 weeks apart) with PCP, a well child visit includes; <ul style="list-style-type: none"> ○ Health and developmental history (physical /mental) ○ Physical exam ○ Health education /anticipatory guidance
(W34) Well Child Visits in the Third, Fourth, Fifth and Sixth Years of Life Ages 3-6 years	<ul style="list-style-type: none"> • Annual well child visit with PCP each year, a well child visits includes; <ul style="list-style-type: none"> ○ Health and developmental history (physical /mental) ○ Physical exam ○ Health education /anticipatory guidance
(AWC) Adolescent Well Child Visits Ages 12-21 years	<ul style="list-style-type: none"> • Annual well child visit with PCP, a well child visit includes; <ul style="list-style-type: none"> ○ Health and developmental history (physical /mental) ○ Physical exam ○ Health education /anticipatory guidance
(CHL) Chlamydia Screening in Women	<ul style="list-style-type: none"> • Screening for Chlamydia annually



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Age 16-24 and sexually active	
(CCS) Cervical Cancer Screening Women ages 21-64	<ul style="list-style-type: none"> • PAP test every 3 years
(BCS) Breast Cancer Screening Women ages 40-69 years	<ul style="list-style-type: none"> • Mammogram every 2 years
(COL) Colorectal Cancer Screening Ages 50 – 75 years	<p>One or more of the following screenings</p> <ul style="list-style-type: none"> • Fecal occult blood test yearly • Flexible sigmoidoscopy every 5 years • Colonoscopy every 10 years
(CHL) Chlamydia Screening in Women Ages 16-24	<ul style="list-style-type: none"> • Chlamydia screening annually for women ages 16-24 years
(GSO) Glaucoma Screening in Older Adults Ages 65 and older	<ul style="list-style-type: none"> • Glaucoma screening every two years
(URI) Appropriate Treatment of Children with Upper Respiratory Infection Children 3 months to 18 years of age	<ul style="list-style-type: none"> • Prescription of antibiotic NOT dispensed
(CWP) Appropriate Testing for Children with Pharyngitis Children 2- 18 years of age	<ul style="list-style-type: none"> • Children diagnosed with pharyngitis were prescribed an antibiotic and also received a group A streptococcus test 3 days before or 3 days after the prescription
(AAB) Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis Ages 18 to 64 years of age	<ul style="list-style-type: none"> • Proportion for whom antibiotics WERE NOT prescribed
(ART) Disease-Modifying Anti-Rheumatic Drug Therapy for Rheumatoid Arthritis 18 years and older	<ul style="list-style-type: none"> • Rate who were dispensed at least one ambulatory prescription for anti-rheumatic drug
(ADD) Follow up Care for Children Prescribed ADD/ADHD Medication 6- 12 years of age	<p>Children who received medication for ADD/ADHD had;</p> <ul style="list-style-type: none"> • At least one follow up visit with prescriber within 30 days of initiation • Remained on medication for at least 210 days and in addition to initiation visit, had at least two visit between 4 weeks and 9 months
(PPC) Prenatal and Postpartum Care	<ul style="list-style-type: none"> • Prenatal visit within first trimester (or within 42 days of enrollment) • Post partum visit between 21 and 56 days after delivery
(MPM) Annual Monitoring for Patients on Persistent Medications Ages 18 or older	<p>Patients on the following persistent medications;</p> <ul style="list-style-type: none"> • Dioxins • ACE/ARB • Diuretics • Anticonvulsants <p>who received annual monitoring via labs</p>



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(DDE) Potentially Harmful Drug-Disease interactions in the Elderly 65 or older	Given a prescription for a contraindicated drug, concurrent with or after diagnosis; <ul style="list-style-type: none"> Falls and prescription for tricyclic antidepressants, antipsychotics or sleep agents Dementia and prescription for tricyclic antidepressants or anticholinergic agents CRF and prescription for nonasprin NSAID or Cox -2 Selective NSAID
(DAE) Use of High Risk Medications in the Elderly 65 years or older	Patients over 65 years; <ul style="list-style-type: none"> Percent receiving one high risk medication Percent receiving two high risk medications
(FRM) Fall Risk Management Aged 75 years or 65-74 with balance/walking problems	Health Outcomes Survey (HOS) question <ul style="list-style-type: none"> Doctor discuss falls and problems with balance or walking Received fall risk intervention from doctor
(MUI) Management of Urinary Incontinence 65 years or older	Health Outcomes Survey (HOS) question <ul style="list-style-type: none"> Doctor discusses urine leakage problem with their doctor Received treatment for their urine leakage problem
(IET) Initiation and Engagement of Alcohol and Other Drug Dependence Treatment Ages 13 and older	Patients diagnosed with alcohol and other drug dependence who: Initiate treatment within 14 days Receive two additional AOD services within 30 days of initiation
(ASM) Use of Appropriate Medication for People with Asthma Ages 5 to 50 years	<ul style="list-style-type: none"> Children and adults identified with asthma who have received a prescription for long term controller medication for asthma
(PBH) Persistence of Beta Blocker Treatment After a Heart Attack 18 or older	<ul style="list-style-type: none"> Patients who had a heart attack and were ordered a beta blocker for 6 months after discharge
(CMC) Cholesterol Management for Patients with Cardiovascular Condition Ages 18-75	Patients who had a diagnosis of; acute myocardial infarction, ischemic vascular disease or who had coronary artery bypass graft or percutaneous transluminal coronary angioplasty <ul style="list-style-type: none"> Screening for LDL-C ("bad cholesterol") Maintain level <100
(CBP) Controlling High Blood Pressure Age 18-85	<ul style="list-style-type: none"> Control is < 140/90
(SPR) Use of Spirometry Testing in the Assessment and Diagnosis of COPD Adults 40 and older	<ul style="list-style-type: none"> Adults who are newly diagnosed with COPD using spirometry reading to confirm diagnosis
(PCE) Pharmacotherapy Management of COPD Exacerbation	<ul style="list-style-type: none"> Adults who have had a hospitalization or ER visit with diagnosis of COPD who were put on;



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Adults age 40 and older	<ul style="list-style-type: none"> • Systemic corticosteroid within 14 days of discharge • Bronchodilator within 30 days of discharge
(CDC) Comprehensive Diabetes Care (type 1 and type 2) Ages 18-75	<p>Yearly screening of the following:</p> <ul style="list-style-type: none"> • HbA1c testing <ul style="list-style-type: none"> ○ HbA1c result >9.0 = poor control ○ HbA1c result <8.0 ○ HbA1c result < 7.0 * for selected population • LDL-C screening <ul style="list-style-type: none"> ○ LDL-C result <100 • Retinal Eye Exam performed • Nephropathy screening test or evidence of nephropathy • Blood pressure collected as 2 measures <ul style="list-style-type: none"> ○ <140/90 ○ <130/80
(OMW) Osteoporosis Management in Women Who Had a Fracture 67 years and older	<p>Women who received the following after a fracture;</p> <ul style="list-style-type: none"> • Bone mineral density test • Prescription for a drug to treat or prevent osteoporosis six months after fracture
(OTO) Osteoporosis Testing in Older Women Women 65 years and older	<p>Health Outcomes Survey (HOS) question</p> <ul style="list-style-type: none"> • Reported receiving a bone density test
(LBP) Use of Imaging Studies for Low Back Pain	<ul style="list-style-type: none"> • Percent of members who DID NOT have an imaging study; X-ray, MRI, CT scan Within 28 days of diagnosis
(MSC) Medical Assistance With Smoking and Tobacco Use Cessation	<p>Current smokers were seen and;</p> <ul style="list-style-type: none"> • Received advice to quit • Cessation medications were recommended • Cessation methods were recommended or discussed
(AMM) Antidepressant Medication Management 18 years or older	<p>Newly diagnosed depression treated with an antidepressant who received ;</p> <ul style="list-style-type: none"> • Effective acute phase; filled sufficient number of prescriptions to allow for 84 days of continuous therapy • Effective continuation phase; filled sufficient number of prescription to allow for 180 days of continuous therapy
(FUH) Follow Up After Hospitalization for Mental Illness 6 years and older	<p>Patients discharged from an inpatient mental health admission and receive;</p> <ul style="list-style-type: none"> • One follow up encounter with a mental health provider within 30 days after discharge • One follow up encounter with mental health provider within 7 days after discharge



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(ASP) Aspirin Use and Discussion Women 56-79 years Men (with risk) 46-65 Men 66-79 regardless of risk factors	Consumer Assessment of Health Providers and Systems (CAHPS) question <ul style="list-style-type: none"> • Rate of aspirin use • Rate of members who discussed the risks and benefits of aspirin use
(FSA) Flu Shots for Adults Ages 50-64 (FSO) Flu Shot for Older Adults Ages 65 and older	Consumer Assessment of Health Providers and Systems (CAHPS) question <ul style="list-style-type: none"> • Members who received an influenza vaccination
(PCR) Plan All- Cause Readmission 18 years and older	Percentage of acute inpatient stay followed by readmission for any diagnosis within 30 days of discharge