

| HEDIS 2010 Measurement Guide | |
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| Measure | Care needed |
| Adult Assessment of BMI (Body Mass Index) Ages 18 to 74 | <ul style="list-style-type: none"> BMI measured at least every two years |
| Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents Ages 2-17 years | <ul style="list-style-type: none"> BMI is assessed and counseling regarding nutrition and physical activity is completed annually |
| Childhood Immunizations The series must be completed by the second birthday | <ul style="list-style-type: none"> 4 DTaP/DT 3 IPV 1MMR 3 HiB 3 hepatitis 1 VZV, or documented chicken pox 4 pneumococcal conjugate |
| Immunizations for Adolescents These must be completed by their 13 th birthday | <ul style="list-style-type: none"> 1 Meningococcal 1 tetanus, diphtheria toxoids, and acellular pertussis vaccine (Tdap) OR 1 tetanus, diphtheria toxoids vaccine |
| Well Child exams Ages 0-15 months | 6 well –care visits (at least 2 weeks apart) with PCP. |
| Well Child exams Ages 3-6 years | Annual well care visit with PCP each year |
| Well Child exams Ages 2-21 years | Annual well care visit with PCP |
| Chlamydia Screening Age 16-25 and sexually active | Screening for Chlamydia annually |
| Cervical Cancer Women ages 21-64 | PAP test every 3 years |
| Breast Cancer Screening Women ages 40-69 years | Mammogram every 2 years |
| Colorectal Cancer Ages 50 – 80 years | One or more of the following screenings <ul style="list-style-type: none"> Fecal occult blood test yearly Flexible sigmoidoscopy every 5 years Double contrast barium enema every 5 years Colonoscopy every 10 years |
| Glaucoma screening Ages 65 and older | Glaucoma screening annually |
| Treatment | Care needed |
| Treatment of children with upper respiratory infection | Prescription of antibiotic <u>NOT</u> dispensed |
| Appropriate testing of children with pharyngitis | Children diagnosed with pharyngitis were prescribed an antibiotic and also received a group A streptococcus test 3 days before or 3 days after the prescription |
| Follow up care for children with ADD/ADHD medication | Children who received medication for ADD/ADHD received <ul style="list-style-type: none"> At least one follow up visit with prescriber |

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| | <p>within 30 days of initiation</p> <ul style="list-style-type: none"> Remained on medication for at least 210 days and in addition to initiation visit, had at least two visit between 4 weeks and 9 months |
| Pre-natal and post partum care | <p>Prenatal visit within first trimester (or within 42 days of enrollment) Post partum visit between 21 and 56 days after delivery</p> |
| Adult access to preventative and ambulatory care | Annual ambulatory or preventative visit |
| Inappropriate antibiotic treatment for adults with acute bronchitis Ages 18-64 | <p>Adults diagnosed with acute bronchitis who received an antibiotic prescription on or within 3 days of diagnosis-</p> <p>A lower rate represents better performance!</p> |
| Annual monitoring for patients on persistent medications Ages 18 or older | Patients on persistent medications who received annual monitoring |
| Initiation and engagement of alcohol and other drug dependence treatment Ages 13 and older | <p>Patients diagnosed with alcohol and other drug dependence who:</p> <ul style="list-style-type: none"> Initiate treatment within 14 days Receive two additional AOD services within 30 days of initiation |
| Use of appropriate medication for people with asthma | Children and adults identified with asthma who have received a prescription for long term controller medication for asthma |
| Persistence of beta blocker treatment after a heart attack | Patients who had a heart attack and were ordered a beta blocker for 6 months after |
| Cholesterol management for patients with cardiovascular condition Ages 18-75 | <p>Patients who had a diagnosis of; acute myocardial infarction, ischemic vascular disease or who had coronary artery bypass graft or percutaneous transluminal coronary angioplasty</p> <ul style="list-style-type: none"> Screening for LDL-C ("bad cholesterol") Maintain level <100 |
| Controlling high Blood Pressure Age 18-85 | Control is < 140/90 |
| Use of spirometry testing in the assessment and diagnosis of COPD Adults 40 and older | Adults who are newly diagnosed with COPD using spirometry reading |
| Pharmacotherapy management of COPD exacerbation Adults age 40 and older | <p>Adults who have had a hospitalization or ER visit with diagnosis of COPD who were put on;</p> <ul style="list-style-type: none"> Systemic corticosteroid within 14 days of discharge Bronchodilator within 30 days of discharge |
| Comprehensive Diabetes Care | <p>Yearly screening of the following:</p> <ul style="list-style-type: none"> HbA1c testing HbA1c result >9.0 = poor control HbA1c result < 7.0 = good control LDL-C LDL-C result <100 Retinal Eye Exam |

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| | <ul style="list-style-type: none"> • Nephropathy screening test or evidence of nephropathy • Blood pressure collected as 2 measures <140/90 <130/80 |
| Osteoporosis management in women who had a fracture | <p>Women who received the following after a fracture;</p> <ul style="list-style-type: none"> • Bone mineral density test • Prescription for a drug to treat or prevent osteoporosis six months after fracture |
| Medical assistance with smoking cessation | <p>Current smokers were seen and;</p> <ul style="list-style-type: none"> • Received advice to quit • Cessation medications were recommended • Cessation methods were recommended or discussed |
| Antidepressant medication management | <p>Newly diagnosed depression treated with an antidepressant who received ;</p> <ul style="list-style-type: none"> • Optimal practitioner contacts ; 3 follow up contacts within 12 weeks of the original event • Effective acute phase; filled sufficient number of prescriptions to allow for 84 days of continuous therapy • Effective continuation phase; filled sufficient number of prescription to allow for 180 days of continuous therapy |
| Follow up after hospitalization for mental illness | <p>Patients discharged from an inpatient mental health admission and receive;</p> <ul style="list-style-type: none"> • One follow up encounter with a mental health provider on the date of discharge or up to 30 days after discharge |